

This book contains 6 no-cook recipes specifically geared toward primary grade students. The recipes include picture prompts and are designed to be read and prepared by students with minimal teacher assistance. Each recipe contains one or more follow-up activities. Activities include sequencing, passage comprehension, and writing activities. These recipes can be used successfully by both general and special education students in grades pre-k through 2 (or above). They can be used as a small group activity, as a learning center, or in any way the teacher sees fit. They can be incorporated into most curricular areas, including reading, math, science, and social studies. Some of the recipes are a little messy, and some will not turn out “perfectly”. The point is for students to have fun, and to connect their learning to real-world situations. A list of recipes and the ingredients required for each can be found on the following page. Recipes for older students are available in my *Recipes for Reading Comprehension* workbook available at my Teachers Pay Teachers store: <http://www.teacherspayteachers.com/Store/Rebecca-Bettis>  
Enjoy!

This book contains the following recipes (though not listed in this section, most recipes require paper plates and plastic knives):

Recipe:	Ingredients (per student):
<b>Ice Cream Cone Christmas Tree</b>	<ul style="list-style-type: none"> <li>• Ice cream cone (sugar cone with pointed bottom)</li> <li>• Green frosting</li> <li>• M&amp;Ms or Skittles candies</li> </ul>
<b>Edible "Bugs"</b>	<ul style="list-style-type: none"> <li>• 10 pretzel sticks</li> <li>• 2 round crackers (such as Ritz)</li> <li>• 2 raisins</li> <li>• 1 grape</li> <li>• ½ banana</li> <li>• White frosting (can substitute peanut butter or marshmallow cream)</li> </ul>
<b>A Rainbow You Can Eat</b>	<ul style="list-style-type: none"> <li>• ½ rice cake</li> <li>• 1 tbsp cream cheese</li> <li>• 8 to 10 maraschino cherry halves</li> <li>• 4 to 5 mandarin orange slices</li> <li>• 4 to 5 small pineapple chunks</li> <li>• 4 to 5 green grape halves</li> <li>• 2 to 4 blueberries</li> </ul>
<b>School Bus Snack</b>	<ul style="list-style-type: none"> <li>• 1 Twinkie snack cake</li> <li>• Brown icing (in a tube)</li> <li>• 4 small (1/2 inch square) cookies</li> <li>• 4 mini Oreo cookies</li> </ul>
<b>"Fishless" Sushi</b>	<ul style="list-style-type: none"> <li>• 1 small tortilla</li> <li>• 1 tbsp peanut butter</li> <li>• 1 tbsp jelly (any flavor)</li> <li>• ¼ cup crisped rice cereal (such as Rice Krispies)</li> <li>• ½ banana</li> <li>• Chopsticks (optional)</li> </ul>
<b>Witch's Brew</b>	<ul style="list-style-type: none"> <li>• Small cauldron (such as can be found in party supply stores for holding party favors)</li> <li>• 1 Popsicle or craft stick</li> <li>• ¼ cup Jell-O (prepared in advance – snack cups work well)</li> <li>• 3 to 5 gummy worms</li> <li>• M&amp;Ms or Skittles candies</li> </ul>

# "Fishless" Sushi

## You Need:



1/2 cup peanut butter



1 small tortilla



1/2 banana



1/2 cup jelly



1/4 cup Rice Krispies



1 plastic knife



1 pair chopsticks

## What To Do:

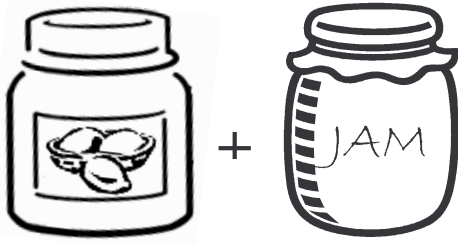
- 1) Mix some peanut butter and jelly in a bowl.
- 2) Spread the peanut butter and jelly on a tortilla.
- 3) Sprinkle Rice Krispies on top of the peanut butter and jelly.
- 4) Peel the banana. Put half a banana on the tortilla. Lay the banana at the edge of the tortilla.
- 5) Roll the banana up in the tortilla. Use a plastic knife to cut the sushi roll into slices.
- 6) Try using chopsticks to eat your sushi!

## Facts About Sushi:

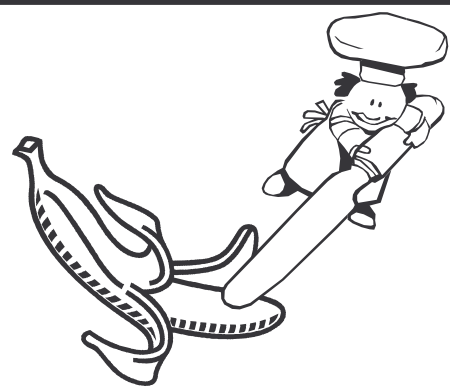
- Sushi was invented 1,300 years ago.
- Sushi usually contains rice and fish.
- Sushi was invented in Japan.



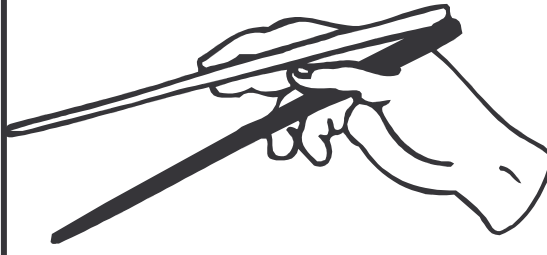
**“Fishless Sushi”** Fill in the missing words. Then cut out the cards. Put them in the correct order to show how to make Fishless Sushi. Glue the cards in order on a sentence strip.



Mix up some peanut butter  
and \_\_\_\_\_.



Roll the banana up in the tortilla.  
\_\_\_\_\_ it with a knife.



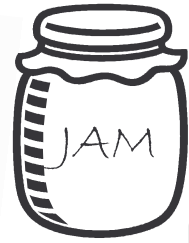
Eat the “sushi” with  
\_\_\_\_\_.



Put \_\_\_\_\_  
on the tortilla.



Put a \_\_\_\_\_  
on the tortilla.



Spread the peanut butter and jelly  
on a \_\_\_\_\_.