

Cooking American Style

Exercise: Look at the following recipe and (1) convert the weights to metrics; (2) the measurements to metrics; (3) list the 14 command forms (2 are repeated); (4) go to the store and price these ingredients except for the spices. DO NOT BUY THEM. (5) decide whether this dish is expensive or economical.

Is this an appetizer, an entrée, or a dessert?

Lime – Pear Salad

1- 16 oz. can	pear halves
3 oz.	lime gelatin
¼ tsp.	salt
1 C	boiled water
1 Tbsp.	lemon juice
2 - 3 oz. pkg.	cream cheese
1/8 tsp.	ginger

Drain pears, reserve $\frac{3}{4}$ C syrup. Coarsely dice pears and set aside. Dissolve gelatin and salt in boiling water; add pear syrup and lemon juice. Measure 1 $\frac{1}{4}$ C in 8" x 4" loaf pan. Chill about one hour. Soften cream cheese until creamy. Slowly blend in remaining gelatin. Beat until smooth. Blend in ginger and stir pears. Spoon over set gelatin. Chill 4 hours.

1. 16 oz. = grams
3 oz. = grams
2. $\frac{1}{4}$ tsp. = grams
1 C = grams
1 Tbsp. = grams
 $\frac{1}{8}$ tsp. = grams

3. Commands (14)

4. cost

5. economical or expensive?